



Home Care Packages

The support to live at home with confidence

Choosing an aged care provider can be confusing. With so many options, it can be difficult to know where to begin.

This information kit is designed to provide you with the information necessary to make the right choice for your needs.

Our highly skilled team are here to assist you with any questions you may have.

Please feel welcome to contact us on

08 8363 5400



JCS Home & Community Support (JCS) is a not-for-profit community organisation based in Joslin, South Australia and servicing the Adelaide metropolitan area.



What is a Home Care Package?

A Home Care Package is a coordinated package of care and services for elderly individuals over the age of 65. These packages are designed to help you live independently in your own home for as long as you can.

At JCS, our highly trained and caring staff will work with you to design a care plan to meet your needs and to help you achieve your lifestyle goals at home.

Home Care Packages are subsidised by the Commonwealth Government. At JCS we also offer individual home care services privately upon request.

Examples of services we can provide

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|  Gardening
Keeping your garden well loved with weeding, pruning, gutter cleaning, lawn mowing. |  Personal Care
Supporting you to help yourself or more assistance as you need it. |
|  Home Maintenance
Installing rails, fixing smoke detectors, cleaning windows, changing light bulbs. |  Health and Nursing
Therapy and exercise programs, transport to medical appointments, medical needs. |
|  Cleaning
Dusting, laundry, vacuuming, mopping, bathrooms, kitchens, spring cleans. |  Transport
To and from social activities, community activities, shopping and other appointments. |
|  Grocery Shopping
Shopping for groceries and putting them away in your pantry, general errands. |  Social Activities
Support to stay socially connected to your community and friends. |
|  Meal Prep / Serving
Prepare and cook meals, suggest new recipes, shop for new ingredients. |  Dementia Support
Low and high level support for dementia care at home, respite for family carers. |



There are four levels of Home Care Packages to help meet the different levels of care needs.

To determine which package best suits your lifestyle needs, your Aged Care Assessment Team (ACAT) assessor will conduct a home assessment and will work with you to determine which level of care is required.

LEVEL 1
Supports people with basic care needs.

LEVEL 2
Supports people with low level care needs.

LEVEL 3
Supports people with intermediate care needs.

LEVEL 4
Supports people with high level care needs.

The Australian Government pays a different subsidy amount for each level of Home Care Package. This amount is paid to the home care provider you choose. There is also extra funding available from the government for people living with dementia. We can help guide you on whether you are eligible for this.



Waiting Periods

After you have received your eligibility approval, how long it takes to get a Home Care Package is dependent on a variety of factors, including what level of package you are eligible for.

Each person's waiting time is different and is dependent on your priority and other personal circumstances.

Are you on a waiting list?

We understand that at times, some families may require assistance immediately. We offer private Home Care services to ensure that you can receive the support you require at the time you need. All of our services are offered privately.

Through our private services, you do not need an ACAT assessment. We can work with you to arrange the services you need immediately.





The benefits of choosing JCS

Your wellbeing is our top priority.

At JCS, our client's health and wellbeing is paramount. Our person centered approach means we strive to ensure members of the JCS community are supported to maintain their physical and mental health.

Our kind and compassionate team are highly experienced.

JCS has been in operation since 1994. We are proud to have served countless individuals and families over the last 25 years.

At JCS, we promote a philosophy of social, healthy and active ageing.

We provide a wide range social inclusion and engagement events along with our Active Choices Active People model of service that promotes Consumer Directed Care (CDC) principles for individuals who access our services.

We are a not for profit organisation. At JCS, the focus is on you.

Our goal is to make a difference in your life, instead of focussing on profit. At JCS, we are proud to a niche aged care support service that is trusted by the Adelaide community.

JCS is a vibrant, welcoming organisation that is respectful of the needs of all people. Our goal is to provide a unique and quality service supporting all individuals within our ageing community.

Our team are extremely proud of the reputation we have built as a boutique aged care provider in Adelaide, and the diverse range of individuals we serve who have chosen JCS as a provider they can trust to deliver their in home and community support services.



Who is eligible for Home Care Packages?

If you are over the age of 65 and require coordinated services to help you to stay in your home, you might be eligible.

Eligibility for Government Subsidised Home Care Packages is determined by an Aged Care Assessment Team (ACAT).

The below steps will be taken in order for eligibility to be assessed:

1. Obtain a referral to an ACAT assessor. You can do this by:
 - o Visiting a GP and obtaining a referral; if you are in hospital your nursing team can arrange this on your behalf.
 - o Visit myagedare.gov.au or call My Aged Care on **1800 200 422** and request and Aged Care ACAT assessment.
 - o Contact our friendly team on **08 8363 5400** and we will arrange the referral for you after the waiting period.
2. From there, your ACAT representative will call you and schedule a time with your to attend your home or in hospital. They will prepare a comprehensive assessment.
3. Once your Assessment is complete, you will receive a letter confirming the approved package of care for your.
4. A Second letter will then be sent with an assigning of funding.
5. Once you have received both letters you will be prioritised for care and placed on the national queue for a package.



Getting started with JCS

Follow our 4 simple steps to start your journey with JCS

1

Find out if you are Eligible

Arrange your ACAT Assessment and receive your letters of eligibility and package level.

2

Receive your Code

Once you have reached the top of the national queue, you will receive a letter from My Aged Care with a referral code

3

Meet with JCS

Book a time with our friendly team and we will arrange to meet with you and discuss your needs. We're here to answer any questions you may have

4

Commence your Care

Once you are happy to proceed, you will need to provide JCS with a copy of you ACAT Assessment and sign an agreement. From there, we can commence your Home Care Package.



Need to swap Home Care Package Providers?

1

Contact JCS; our friendly and experienced team to discuss your needs and learn more about the services we can offer. We can also come to you in the comfort of your own home at no cost.

2

When you switch to JCS, you will need to **contact My Aged Care on 1800 200 422** and request a referral code so that JCS can activate this to start providing services. We will work with you if you require assistance throughout the process.

3

Contact your current package provider to let them know that you no longer require services from them. You will need to advise and agree with your current provider to the date when your services will cease.

4

Once we have your My Aged Care referral code and the date you've agreed to end services with your current provider, we will **commence the transition to JCS**. One of our care coordinators will then visit you at home to develop your customised care plan, which of course, will be guided by you based on your needs and package budget.



What will it cost me?

Your contribution is made up of two types of fees:

Basic daily fee

You may be required to pay a basic daily fee based on your Home Care Package level.

Income-tested care fee (up to \$30.49 per day from 20 September 2019)

Some people may also have to pay an income-tested care fee. Whether you pay it, and how much of it you pay, is determined through a formal income assessment from the Department of Human Services. If you have to pay this fee, there are annual and lifetime limits on how much you can be asked to pay.

Contact us for more information

 08 8363 5400

 contact@jcssa.asn.au

 www.jcssa.asn.au